

Hot Springs of the Year

Termales Don Grimaldo

Sauce, Peru

www.termalesdongrimaldo.com



The unique black mud experience offered in Termales Don Grimaldo is situated in the heart of the Sauce district, nestled amongst stunning Peruvian jungle. The extraordinary five-step treatment programme guides guests through an intricate journey, with each component promoting a rejuvenating health benefit. Beginning the treatment with a hydro-massage, the detoxifying black mud is spread over the body, allowing the multitude of minerals to absorb into the skin. Guests then ease into a saltwater lagoon where they experience the treat of a remarkable masaje con peces (fish massage). The tiny fish gently remove dead skin, leaving guests feeling supple and smooth. Ending the treatment with a rinse in freshwater, Termales Don Grimaldo provides an inimitable form of pampering.

The judges were particularly impressed by the therapeutic benefits that the treatment provides. Alongside the promise of incredibly soft skin, the minerals in the black mud are said to dissipate stress, regenerate immune systems and act as a natural reliever of chronic pain. The breathtaking nature of the jungle surrounding the spring generates an experience that briefly disconnects the noise of the outside world. After basking in this unconventional indulgence, visitors leave Termales Don Grimaldo feeling refreshed and revitalised.



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